**3.3—UPPER INTERMEDIATE 3**

**3.3.1 UPPER INTERMEDIATE GRAMMAR**

**Past Progressive**

[Past progressive 1](http://www.myenglishpages.com/site_php_files/grammar-exercise-past-progressive.php)

[Past progressive 2](http://www.englisch-hilfen.de/en/exercises/tenses/past_progressive_statements.htm)

[Past progressive 3](http://www.montsemorales.com/gramatica/PastContinAffneg.htm)

[Past progressive 4](http://www.english-grammar-lessons.com/pastcontinuous/exercise3.swf)

[Past progressive 5](http://english-exercise.net/grammar/verb-conjugation/past-continuous/)

[Past progressive 6](http://first-english.org/english_learning/english_tenses/past_progressive/30_past_progressive_questions.htm)

[Past Progressive 7](https://www.ego4u.com/en/cram-up/grammar/past-progressive/exercises?05)

**Past Progressive Vs Simple Past**

[Past Progressive Vs. Simple Past 1](http://www.5minuteenglish.com/mar10.htm)

[Past Progressive Vs. Simple Past 2](https://english.lingolia.com/en/grammar/tenses-comparison/simple-past-past-progressive/exercises)

**When/while**

[When / While 1](http://www.englishtenses.com/test/when_or_while_test)

[When / While 2](http://www.tolearnenglish.com/exercises/exercise-english-2/exercise-english-90380.php)

[When / While 3](http://www.englisch-hilfen.de/en/exercises/tenses/simple_past_progressive2.htm)

**Some/any/no/every and compounds**

[Option 1](https://elt.oup.com/student/solutions/int/grammar/grammar_08_022e?cc=pe&selLanguage=en)

[Option 2](http://www.englishexercises.org/makeagame/viewgame.asp?id=433)

[Option 3](http://www.englisch-hilfen.de/en/exercises/confusing_words/something_anything.htm)

[Option 4](http://www.tolearnenglish.com/exercises/exercise-english-1/exercise-english-152.php)

**3.3.2 UPPER INTERMEDIATE VOCABULARY**

**Foods and drinks**

[Foods and Drinks 1](http://www.agendaweb.org/exercises/vocabulary/food/food-1)

[Food and Drinks 2](http://www.agendaweb.org/exercises/vocabulary/food/food-multiple-1)

[Food and Drinks 3](http://www.agendaweb.org/exercises/vocabulary/food/food-write-1)

[Food and Drinks 4](http://www.agendaweb.org/exercises/vocabulary/food/drinks-multiple-1)